

**Come and join us at our Face to Face
or Virtual Carer Support Groups
in OCTOBER 2022**

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 Nottinghamshire
Carers Hub

Date	Details
Mon 3 rd Oct 11.00am – 1.00pm	Face to face: Asian Women Carer Support Group with Noreen Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY Note new time: 11.00am – 1.00pm
Tues 4 th Oct 1.30pm – 3.30pm	Face to face: Rushcliffe Carer Support Group with Helene Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB Guest speaker: Matthew Harrison / Notts County Council / Direct Payments & PA's
Wed 5 th Oct 10.00am – 12.00pm	Face to face: Broxtowe Carer Support Group with Sally C Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX Guest speaker: British Red Cross / First Aid Training
Fri 7 th Oct 10.00am – 12.00pm	Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA Guest speaker: Martin from Age UK Connect Service
Mon 10 th Oct 1.00pm – 3.00pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN Guest speaker: Joseph Throssel / Benefits Adviser from Disability Support
Mon 10 th Oct 1.00pm – 3.00pm	Face to face: Ashfield Carer Support Group with Sally B Venue: Health & Wellbeing Centre, Portland Rd, Kirkby in Ashfield NG17 7AE
Tues 11 th Oct 10.30am – 12.30pm	Face to face: Gedling Carer Support Group with Sally C Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX Guest speaker: Wendy Bresland / Care Liaison Advisor from CHS Healthcare
Wed 12 th Oct 10.00am – 11.30am	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT
Thurs 13 th Oct 10.00am – 12.00pm	Face to face: Newark & Sherwood Carer Support Group with Dee Venue: Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN
Mon 17 th Oct 1.00pm – 3.00pm	Face to face: St Anns / Mapperley Carer Support Group with Noreen Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG Guest speaker: Herbal Remedies session by a carer
Wed 19 th Oct 2.00pm – 3.00pm	<u>VIRTUAL</u>: Afro-Caribbean Carer Support Group with Jazz Via Zoom, book on to receive the link
Thurs 20 th Oct 1.30pm – 2.30pm	<u>VIRTUAL</u>: Carer's Café via Zoom with Kayleigh Via Zoom, book on to receive the link
Mon 24 th Oct 11.00am – 1.00pm	Face to face: Hyson Green Carer Support Group with Jazz Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Wed 26 th Oct 1.00pm – 2.30pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD
Thurs 27 th Oct 7.00pm – 8.00pm	<u>VIRTUAL</u>: Parent Carers Support Group with Helene Via Zoom, book on to receive the link
Fri 28 th Oct 12.00pm – 2.00pm	Face to face: Clifton Carer Support Group with Christina Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR

Virtual support groups delivered via Zoom, book to receive the link. To book, contact:
Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824

